

BECOME A BRILLIANT HAND WASHER

DON'T FORGET TO WASH IN BETWEEN YOUR FINGERS, THUMBS AND THUMB JOINTS!

WITH THE WESTWOOD CROSS LITTLE BEARS!

W WASH YOUR HANDS WITH WARM WATER FROM THE TAP

A DD SOAP AND RUB YOUR HANDS TOGETHER FOR 20 SECONDS

S PLASH LOTS OF CLEAN WATER ON YOUR HANDS TO RINSE THEM

H EAD TO THE HAND DRIER, OR DRY YOUR HANDS WITH A PAPER TOWEL

'splish splash'



1



2



'Rub-a-dub'



Wash your hands for the amount of time it takes to sing Happy Birthday twice!

3



4



'Now you are a spotless cub'



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